

2025-2026



Sacred Heart Faith Formation

84-05 78th Avenue Glendale, NY 11385

(718) 386-5616

(718) 456-9217

Email: info@sacredheartreligion.org

“Let the children come to me.”

Website:

WWW.SACREDHEARTRELIGION.ORG

Dear Parents & Guardians,

Welcome to our program of Faith Formation for grades 1 through 8. Our program will educate your children in the Catholic Faith, teach them about God and the life of Jesus, our Savior, introduce them to the Bible, and prepare them for the Sacraments. Each grade teaches your child a different part of our faith, and children are **EXPECTED** to complete grades 1 through 8 in a certified religious education program in order to receive all their sacraments. We cannot do this alone. We need **YOU**, the family to support our efforts on behalf of your child. This support can be given in many ways:

- The most basic way to support your child in this program is for you and your children to **attend MASS together each week and on all holy days of obligation.**
- Ask your children about their lessons and their assignments. Discuss with them.
- Make sure they complete a lesson in My Catholic Faith Delivered (MCFD) each week with no score lower than a 65% in order to pass if they are registered in this catechetical course.

ABSENCE POLICY:

All MCFD lessons must be completed on a weekly basis with a 65% or better.

For the sacrament years, attendance at all proximate preparation events and retreats is required in addition to the completion of any project work. Only once absence is allowed.

We expect your children to behave in an age appropriate manner in accordance with the teachings of Jesus and the Catholic Church.

Remember, YOU are your child's primary teacher.

Use this program to share your own Faith with your children.

Yours in Christ,
Faith Formation Office

Sacred Heart Faith Formation
www.sacredheartreligion.org
info@sacredheartreligion.org

Theresa Stalzer, Director
718 386-5616 or 718 456-9217

August 2025

Office Hours

Monday, Tuesday, Wednesday & Thursdays
9 AM to 1 PM

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30
31 <i>Last day to Register to avoid late fees.</i>						

“Parents are the most influential agents of catechesis for their children. They have a unique responsibility for the education of their children; they are the first educators or catechists. They catechize primarily by the witness of their Christian lives and by their love for the faith.” - National Directory for Catechesis, p.23

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1 Labor Day</i>	<i>2</i>	<i>3 First Day of School Welcome Back!</i>	<i>4 First Day of school— NYC DOE</i>	<i>5</i>	<i>6</i>
<i>7 Canonization of Bl. Carlo Acutis & Bl. Pier Giorgi Frassati—Faith Encounter mtg to follow in church basement after 9:30 AM Mass</i>	<i>8</i>	<i>9 Catechist Meeting In CMR @ 7 PM</i>	<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i>
<i>14 Faith Formation Registration ends Blessing of the back- packs Back to school pan- cake breakfast</i>	<i>15</i>	<i>16 Faith Formation Opening Mass @ 7 PM—students accom- panied by parent.</i>	<i>17 Evening parent teacher conf—NYC DOE</i>	<i>18 Evening parent teacher conf—NYC DOE</i>	<i>19</i>	<i>20</i>
<i>21 Catechetical Sun- day—"Always be ready to give an explanation ... for a reason for your hope." 9:30 AM Mass—all grades</i>	<i>22</i>	<i>23 NYC DOE closed Catechetical Summit at Immaculate Con- ception @ 7 PM</i>	<i>24 NYC DOE closed</i>	<i>25</i>	<i>26</i>	<i>27</i>
<i>28 Faith Formation Mass @ 11:30 AM Grades 1-8 followed by mandatory mtg in Church (parent/ student) Child Lures</i>	<i>29 Faith Formation MCFD logins start to be released.</i>	<i>30 Family Life presentations— Grades 5-8.</i>				

October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Gr/Level 2 Communion Zoom & Parent Meeting—overview @ 7 PM	2 NYC DOE closed	3	4 Blessing of Animals @ 11 AM—Feast day of St. Francis of Assisi
5 Gr/Level 2 PAR-ENT mtg in Church—Prox Prep #1 project—distributed following 9:30 AM MASS (Baptism)	6	7 Gr/Level 8 Virtual Prox Prep “Theology of the Body” @ 7PM Parish Rosary	8	9	10	11
12	13 NYC DOE closed Columbus Day SHCA closed	14 Living Rosary All grades but led by Gr 2 in Church at 7PM	15	16	17	18
19	20 NYC DOE closed	21 Gr/Level 7 Zoom parent meeting (grade requirements @ 7 PM) Parish Rosary	22	23	24	25
26 Grade/Level 7 INVESTITURE MASS—@ 9:30 AM— Bring Investiture form to church! Meeting follows in Church	27	28 Parish Rosary	29	30	31	

November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						<i>1 All SAINTS Day!</i>
<i>2 All SOULS Day 9:30 AM Mass for Gr/ Level 8 followed by — Prox Prep Full of Grace—in CHB</i>	<i>3</i>	<i>4 NYC DOE closed</i>	<i>5</i>	<i>6 NYC DOE early dismissal</i>	<i>7</i>	<i>8</i>
<i>9 Gr/Level 1 Mass @ 9:30 AM followed by meeting in Church basement for parents/ students</i>	<i>10</i>	<i>11 NYC DOE closed Veterans Day SHCA closed</i>	<i>12</i>	<i>13 NYC DOE early dismissal</i>	<i>14</i>	<i>15</i>
<i>16 Gr/Level 2 Mass @ 9:30 AM followed by Communion/Reconciliation Mini Retreat in Church basement</i>	<i>17</i>	<i>18 Faith Encounter @ 7 PM in Church with Fr.McBrien—All grades Topic: Church furnishings</i>	<i>19</i>	<i>20 NYC DOE parent/ teacher conf</i>	<i>21 NYC DOE early dismissal</i>	<i>22</i>
<i>23</i>	<i>24</i>	<i>25 Catechist led Zoom mtg Topic: Saints Gr 1-4 @ 7PM Gr 5-7 @ 8 PM</i>	<i>26</i>	<i>27 NYC DOE closed SHCA closed Thanksgiving recess</i>	<i>28 NYC DOE closed SHCA closed Thanksgiving recess</i>	<i>29</i>
<i>30 Advent Wreath making Gr 1-7 after 9:30 am MASS in church basement 1st Sunday of Advent!</i>						

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Catechist led ZOOM meeting— Topic: Advent/ Christmas Gr 1-4 @ 7 PM Gr 5-7 @ 8 PM	3	4	5	6 Advent Confessions Grades 3,4,5,6 @ 1 PM
7 Gr/Level 5 Class Mass at 9:30 AM fol- lowed by meeting in church basement.	8 Solemnity of the Immaculate Concep- tion of Blessed Virgin Mary! - Holy day of obligation!	9	10 Gr/Level 8 Prox Prep—Topic: Voca- tions in Church @ 7 PM—Fr. Bethge & Little Sisters	11	12	13 Advent Confes- sions Grades 7, 8 @ 1 pm
14 Gr/Level 8 Class Mass at 9:30 AM— meeting follows in Church basement— <i>packets due!</i>	15 <i>Last day to sub- mit Gr 8 packet!</i>	16	17	18	19	20
21	22	23	24 NYC DOE closed to Jan 2nd. Win- ter Recess CHRISTMAS Eve!	25 CHRISTMAS DAY! <i>Jesus' birthday— attend Mass.</i>	26	27
28	29 Christmas Recess continues this week!	30	31			

January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1 Solemnity of Mary, the Mother of God. Holy Day of Obliga- tion!	2	3
4 Feast of Epiphany celebrated (House blessing chalk)	5 NYC DOE returns from winter recess SHCA resumes	6 Epiphany	7	8	9	10
11 Grade 6 class mass at 9:30 AM – meeting follows in church basement (student accompanied by parent)	12	13 Gr/Level 8 virtual prox prep @ 7 PM— Topic: Scripture	14	15	16	17
18 Grades 3 & 4 class mass @ 9:30 AM –meeting in church basement fol- lows (students accom- panied by parent)	19 Martin Luther King Day—SHCA closed	20	21	22	23	24
25	26	27	28	29	30	31

February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 <i>Gr/Level 8 Parent/ Sponsor Zoom to discuss confirmation day @ 7 PM—to be confirmed (tbc)</i>	4	5	6	7 <i>Grade 2—mini-retreat - 9:30 am check-in—to 11:30 am. In Church basement</i>
8 <i>Gr/Level 7 & 8 Class Mass at 9:30 AM</i>	9	10	11 <i>Zoom with catechists—Topic: Lent/ Easter Gr 1-4 @ 7 PM Gr 5-7 @ 8 PM</i>	12	13	14
15	16 <i>Presidents Day NYC DOE mid-winter Recess to Feb 20 SHCA mid-winter recess to Feb 20</i>	17	18 <i>1st Day of LENT ASH WEDNESDAY!</i>	19	20 <i>SHCA & NYC DOE Recess ends</i>	21
22	23	24	25	26	27	28 <i>Confirmation retreat—students arrive for 8:30 am MASS—check-in at 9 am in Church basement—retreat ends at 12:30PM</i>

March 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 <i>Gr/Level 2 class Mass at 9:30 AM—Prox Prep 2 meeting follows Mass—distribute LAMB.</i>	2 <i>Completion date for MCFD coursework for Grade 8!!</i>	3	4	5 <i>NYC DOE early dismissal</i>	6 <i>Children's Stations of the Cross at 7 PM</i>	7 <i>Lent Confessions Grades 3-6 at 1 PM</i>
8	9	10	11	12 <i>NYC DOE early dismissal</i>	13	14 <i>Lent confessions Grades 7 & 8 at 1 PM</i>
15	16	17 <i>St Patrick's Day</i>	18 <i>Gr/Level 2 Zoom @ 7 PM to discuss sacrament— 1st Reconciliation</i>	19 <i>St Josephs Day NYC DOE parent/teacher conferences</i>	20 <i>NYC DOE school closed</i>	21 <i>SACRAMENT—1st Reconciliation @ 11 AM—BRING LAMB to church/Prox Prep 3 "The Eucharist proj" distributed.</i>
22	23	24 <i>Gr/Level 8 Parent Zoom to discuss Confirmation @ 7 PM (tentative)</i>	25 <i>Church rehearsal for Confirmation?? @ 6 PM & 7:30 PM in Church—to be confirmed (tbc)</i>	26	27	28 <i>Confirmation ?? - tbc</i>
29 <i>Palm Sunday Holy Week</i>	30 <i>Holy Week Reconciliation Monday</i>	31 <i>Holy Week</i>				

April 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Holy Week	2 Holy Week HOLY Thursday SHCA Easter Recess begins—ends April 10th.	3 Holy Week GOOD Friday	4
5 EASTER ! Attend Mass to celebrate Jesus' resurrection!!	6	7	8	9	10 NYC DOE spring recess ends	11
12 Divine Mercy Sun- day	13	14	15	16 Confirmation?? - tbc	17	18
19 Confirmation?? - tbc	20	21	22	23	24	25 Confirmation?? - tbc
26	27	28 Gr/Level 2 Zoom @ 7 PM to discuss Sacrament—First Eucharist	29	30		

May 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 <i>May Crowning—parish</i>
3	4	5	6 <i>First Eucharist Practice in Church @ 7 PM—tbc</i>	7	8	9 <i>Sacrament—First Eucharist Academy</i>
10	11	12 <i>First Eucharist Practice in Church @ 6 PM & 7:15 PM—tbc</i>	13 <i>Ascension Vigil Mass</i>	14 <i>Ascension</i>	15 <i>MCFD Course-work to be completed for Grades 1, 3-7! - Deadline</i>	16 <i>Sacrament—First Eucharist Faith Formation</i>
17	18	19	20	21	22	23
24 <i>PENTECOST</i>	25 <i>MEMORIAL DAY SHCA closed</i>	26	27	28	29	30
31						

June 2026 - Faith Formation Registration

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1 Gr/Level 7 Confirmation Interview week—appointments to be assigned</i>	<i>2 Gr/Level 7 Confirmation Interview week—appointments to be assigned</i>	<i>3 Gr/Level 7 Confirmation Interview week—appointments to be assigned</i>	<i>4 Gr/Level 7 Confirmation Interview week—appointments to be assigned</i>	<i>5 Gr/Level 7 Confirmation Interview week—appointments to be assigned</i>	<i>6</i>
<i>7 Corpus Christi</i>	<i>8</i>	<i>9</i>	<i>10</i>	<i>11</i>	<i>12</i>	<i>13</i>
<i>14</i>	<i>15</i>	<i>16</i>	<i>17</i>	<i>18</i>	<i>19 Juneteenth—SHCA closed</i>	<i>20</i>
<i>21</i>	<i>22</i>	<i>23</i>	<i>24</i>	<i>25</i>	<i>26</i>	<i>27</i>
<i>28</i>	<i>29</i>	<i>30</i>				

Basic Catholic Prayers

The Hail Mary

Hail Mary, full of grace, the Lord is with thee;
blessed art thou among women, and
blessed is the fruit of thy womb,
Jesus.



Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

The Our Father

Our Father, Who art in heaven,
Hallowed be Thy Name.
Thy Kingdom come.
Thy Will be done,
on earth as it is in Heaven.



Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen.

Act of Contrition

O My God, I am sorry for my sins with all
my heart. In choosing to do wrong and
failing to do good, I have sinned against
You and Your Church.

I firmly intend, with Your
help, to do penance, to
sin no more, and to avoid
whatever leads me to sin.



AMEN

The Glory Be

Glory be to the Father, and to
the Son, and to the Holy Spirit.



As it was in the beginning, is
now, and ever shall be, world without end.
Amen

Basic Catholic Prayers

The Apostles Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried;

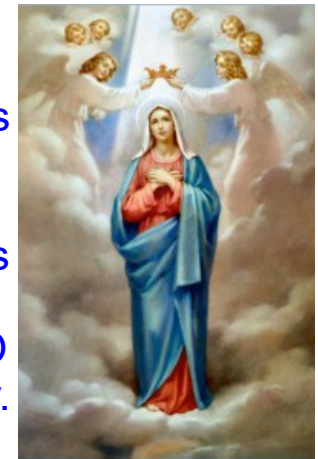
He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



The Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope! To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in this valley of tears.

Turn, then, O most gracious Advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.



Lead: Pray for us, O holy Mother of God.

Response: That we may be made worthy of the promises of Christ.

AMEN

Sacred Heart Parish Mass and Devotions Schedule

SUNDAY MASSES

Saturday 5:00 P.M.

Sunday 8:00, 9:30, 11:30 A.M.

WEEKDAY MASSES

Monday - Saturday 8:30 A.M.

Holy Days of Obligation

7:00 P.M. (Eve) & 8:30 A.M.

Confessions Saturday 3:30 P.M. to 4:30 P.M.

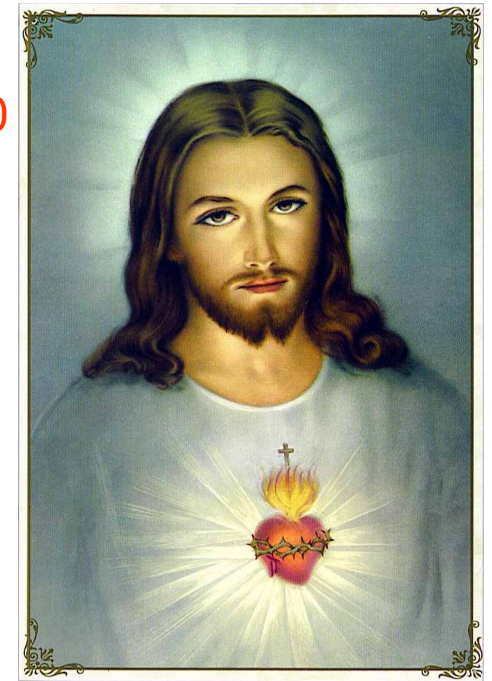
Devotions

Rosary and Chaplet of Divine Mercy Monday - Saturday at 8:00 A.M.

Miraculous Medal Novena & Veneration of the Relic of St. Catherine Laboure Mondays after 8:30 A.M. Mass

Exposition & Adoration of the Blessed Sacrament
First Friday of the month in honor of The Sacred Heart of Jesus after the 8:30 A.M. Mass until 10:00 A.M.

Saturday following the First Friday of the month in honor of The Immaculate Heart of Mary 7:00A.M. to 8:00A.M.



Catholic Liturgical Calendar



Catholic Holy Days of Obligation

- January 1, the Solemnity of Mary, Mother of God
- Thursday of the Sixth Week of Easter, the Solemnity of the Ascension of Jesus into Heaven (moved to the following Sunday in certain dioceses)
- August 15, the Solemnity of the Assumption of the Blessed Virgin Mary into Heaven
- November 1, the Solemnity of All Saints
- December 8, the Solemnity of the Immaculate Conception
- December 25, Christmas, the Solemnity of the Nativity of Our Lord

Fixed Solemnities (Determined by Date)

- January 1: Solemnity of Mary, Mother of God
- January 6: Epiphany of the Lord (In the United States, Epiphany transfers to the Sunday after January 1)
- March 19: St. Joseph, Husband of Mary
- March 25: The Annunciation of the Blessed Virgin Mary
- June 24: Nativity of St. John the Baptist
- June 29: Sts. Peter & Paul
- August 15: Assumption of the Virgin Mary into Heaven
- November 1: All Saints Day
- December 9: Immaculate Conception of the Blessed Virgin Mary
- December 25: The Nativity of the Lord (Christmas)

Movable feasts are determined by their relationship to the date of Easter Sunday, which itself is calculated based on the lunar calendar and the spring equinox. Specifically, Easter is the first Sunday following the first full moon after the vernal (spring) equinox. This calculation, known as the computus, ensures that Easter is celebrated on a Sunday within a range of dates. **Since the date of Easter varies each year, any feast that is linked to Easter, such as Ash Wednesday, Ascension, and Pentecost, also shifts with it.**

- Easter Sunday
- Divine Mercy Sunday (2nd Sunday of Easter)
- Ascension of the Lord
- Pentecost
- Trinity Sunday
- Corpus Christi
- Sacred Heart of Jesus
- Christ the King

Catholic monthly devotions offer a way to deepen one's faith throughout the year by focusing on specific aspects of Catholic belief and practice each month.

Here's a look at each month's devotion:

January: The Holy Name of Jesus: This devotion focuses on the sacred name of Jesus and its power.

February: The Holy Family: This month honors the Holy Family of Jesus, Mary, and Joseph as an example of virtue for all Christian families.

March: St. Joseph: Devotion to St. Joseph, the earthly father of Jesus, emphasizes his role as a model of faith, humility, and obedience.

April: The Holy Eucharist: This month highlights the importance of the Eucharist as the true presence of Jesus Christ in the consecrated bread and wine.

May: The Blessed Virgin Mary: This month is dedicated to honoring Mary, the Mother of God, and celebrating her role in salvation.

June: The Sacred Heart of Jesus: This devotion focuses on the love of Jesus Christ for humanity, symbolized by his Sacred Heart.

July: The Precious Blood of Jesus: This month emphasizes the sacrifice of Jesus Christ and the significance of his blood shed for the redemption of humanity.

August: The Immaculate Heart of Mary: This devotion honors Mary's sinless heart and her role as a model of purity and love.

September: Our Lady of Sorrows: This month commemorates the sorrows of Mary, particularly her suffering at the foot of the cross.

October: The Holy Rosary: This month encourages the praying of the Rosary, a traditional Catholic prayer involving meditation on the mysteries of the life of Jesus and Mary.

November: The Holy Souls in Purgatory: This month focuses on praying for the souls of the deceased who are believed to be in Purgatory, undergoing purification before entering Heaven.

December: The Immaculate Conception: This month celebrates the belief that Mary was conceived without original sin, emphasizing her purity and role as the Mother of God.

