Sacred Heart Faith Formation

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Theresia Stalzer, Director 718 386-5616 or 718 456-9217

August 2025

Office Hours

Monday, Tuesday, Wednesday & Thursdays 9 AM to 1 PM

Mon	Tue	Wed	Thu	Fri	Sat
				1	2
4	5	6	7	8	9
11	12	13	14	15	16
18	19	20	21	22	23
25	26	27	28	29	30
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[&]quot;Parents are the most influential agents of catechesis for their children. They have a unique responsibility for the education of their children; they are the first educators or catechists. They catechize primarily by the witness of their Christian lives and by their love for the faith." - National Directory for Catechesis, p.23

September 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Labor Day	2	3 First Day of School Welcome Back!	4 First Day of school— NYC DOE	5	6
7 Canonization of Bl. Carlo Acutis & Bl. Pier Giorgi Frassati—Faith Encounter mtg to follow in church basement after 9:30 AM Mass	8	9 Catechist Meeting In CMR @ 7 PM	10	11	12	13
14 Faith Formation Registration ends Blessing of the back- packs Back to school pan- cake breakfast	15	16 Faith Formation Opening Mass @ 7 PM—students accom- panied by parent.	17 Evening parent teacher conf—NYC DOE	18 Evening parent teacher conf—NYC DOE	19	20
21 Catechetical Sunday—"Always be ready to give an explanation for a reason for your hope." 9:30 AM Mass—all grades	22	23 NYC DOE closed Catechetical Summit at Immaculate Con- ception @ 7 PM	24 NYC DOE closed	25	26	27
28 Faith Formation Mass @ 11:30 AM Grades 1-8 followed by mandatory mtg in Church (parent/ student) Child Lures	29 Faith Formation MCFD logins start to be released.	30 Family Life presentations— Grades 5-8.				

October 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Gr/Level 2 Com- munion Zoom & Par- ent Meeting— overview @ 7 PM	2 NYC DOE closed	3	4 Blessing of Animals @ 11 AM— Feast day of St. Francis of Assisi
5 Gr/Level 2 PAR- ENT mtg in Church— Prox Prep #1 pro- ject—distributed fol- lowing 9:30 AM MASS (Baptism)	6	7 Gr/Level 8 Virtual Prox Prep "Theology of the Body" @ 7PM	8 Parish Rosary	9	10	11
12	13 NYC DOE closed Columbus Day SHCA closed	14	15 Living Rosary All grades but led by Gr 2 in Church at 7PM	16	17	18
19	20 NYC DOE closed	21 Gr/Level 7 Zoom parent meeting (grade requirements @ 7 PM)	22 Parish Rosary	23	24	25
26 Grade/Level 7 INVESTITURE MASS—@ 9:30 AM—Bring Investiture form to church! Meeting follows in Church	27	28	29 Parish Rosary	30	31	

November 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						I All SAINTS Day!
2 All SOULS Day 9:30 AM Mass for Gr/ Level 8 followed by — Prox Prep Full of Grace—in CHB	3	4 NYC DOE closed	5	6 NYC DOE early dismissal	7	8
9 Gr/Level 1 Mass @ 9:30 AM followed by meeting in Church basement for parents/ students	10	11 NYC DOE closed Veterans Day SHCA closed	12	13 NYC DOE early dismissal	14	15
16 Gr/Level 2 Mass @ 9:30 AM followed by Communion/Reconciliation Mini Retreat in Church basement	17	18 Faith Encounter @ 7 PM in Church with Fr.McBrien—All grades Topic: Church furnishings	19	20 NYC DOE parent/ teacher conf	21 NYC DOE early dismissal	22
23	24	25 Catechist led Zoom mtg Topic: Saints Gr 1-4 @ 7PM Gr 5-7 @ 8 PM	26	27 NYC DOE closed SHCA closed Thanksgiving recess	28 NYC DOE closed SHCA closed Thanksgiving recess	29
30 Advent Wreath making Gr 1-7 after 9:30 am MASS in church basement 1st Sunday of Advent!						

December 2025

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2 Catechist led ZOOM meeting— Topic: Advent/ Christmas Gr 1-4 @ 7 PM Gr 5-7 @ 8 PM	3	4	5	6 Advent Confessions Grades 3,4,5,6 @ 1 PM
7 Gr/Level 5 Class Mass at 9:30 AM fol- lowed by meeting in church basement.	8 Solemnity of the Immaculate Concep- tion of Blessed Virgin Mary! - Holy day of obligation!	9	10 Gr/Level 8 Prox Prep—Topic: Voca- tions in Church @ 7 PM—Fr. Bethge & Little Sisters	11	12	13 Advent Confessions Grades 7, 8 @ 1 pm
14 Gr/Level 8 Class Mass at 9:30 AM— meeting follows in Church basement— packets due!	15 Last day to submit Gr 8 packet!	16	17	18	19	20
21	22	23	24 NYC DOE closed to Jan 2nd. Win- ter Recess CHRISTMAS Eve!	25 CHRISTMAS DAY! Jesus' birthday— attend Mass.	26	27
28	29 Christmas Recess continues this week!	30	31			

January 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				I Solemnity of Mary, the Mother of God. Holy Day of Obliga- tion!	2	3
4 Feast of Epiphany celebrated (House blessing chalk)	5 NYC DOE returns from winter recess SHCA resumes	6 Epiphany	7	8	9	10
11 Grade 6 class mass at 9:30 AM – meeting follows in church basement (student accompanied by parent)	12	13 Gr/Level 8 virtual prox prep @ 7 PM— Topic: Scripture	14	15	16	17
18 Grades 3 & 4 class mass @ 9:30 AM –meeting in church basement fol- lows (students accom- panied by parent)	19 Martin Luther King Day—SHCA closed	20	21	22	23	24
25	26	27	28	29	30	31

February 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Gr/Level 8 Parent/ Sponsor Zoom to discuss confirmation day @ 7 PM—to be confirmed (tbc)	4	5	6	7 Grade 2—mini- retreat - 9:30 am check-in—to 11:30 am. In Church base- ment
8 Gr/Level 7 & 8 Class Mass at 9:30 AM	9	10	11 Zoom with cate- chists—Topic: Lent/ Easter Gr 1-4 @ 7 PM Gr 5-7 @ 8 PM	12	13	14
15	16 Presidents Day NYC DOE mid-winter Recess to Feb 20 SHCA mid-winter recess to Feb 20	17	18 1st Day of LENT ASH WEDNESDAY!	19	20 SHCA & NYC DOE Recess ends	21
22	23	24	25	26	27	28 Confirmation retreat—students arrive for 8:30 am MASS—check-in at 9 am in Church basement—retreat ends at 12:30PM

March 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
I Gr/Level 2 class Mass at 9:30 AM—Prox Prep 2 meeting fol- lows Mass—distribute LAMB.	2 Completion date for MCFD coursework for Grade 8!!	3	4	5 NYC DOE early dis- missal	6	7 Lent Confessions Grades 3-6 at 1 PM
8	9	10	11	12 NYC DOE early dismissal	13 Children's Stations of the Cross at 7 PM	14 Lent confessions Grades 7 & 8 at 1 PM
15	16	17 St Patrick's Day	18 Gr/Level 2 Zoom @ 7 PM to discuss sacrament— 1st Rec- onciliation	19 St Josephs Day NYC DOE parent/ teacher conferences	20 NYC DOE school closed	21 SACRAMENT— 1st Reconciliation @ 11 AM—BRING LAMB to church/Prox Prep 3 "The Eucharist proj" distributed.
22	23	24 Gr/Level 8 Parent Zoom to discuss Con- firmation @ 7 PM (tentative)	25Church rehearsal for Confirmation?? @ 6 PM & 7:30 PM in Church—to be con- firmed (tbc)	26	27	28 Confirmation ?? - tbc
29 Palm Sunday Holy Week	30 Holy Week Reconciliation Mon- day	31 Holy Week				

April 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Holy Week	2 Holy Week HOLY Thursday SHCA Easter Recess begins—ends April 10th.	3 Holy Week GOOD Friday	4
5 EASTER! Attend Mass to celebrate Jesus' resurrection!!	6	7	8	9	10 NYC DOE spring recess ends	11
12 Divine Mercy Sunday	13	14	15	16 Confirmation?? - tbc	17	18
19 Confirmation?? - tbc	20	21	22	23	24	25 Confirmation?? - tbc
26	27	28 Gr/Level 2 Zoom @ 7 PM to discuss Sacrament—First Eucharist	29	30		

May 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1	2 May Crowning— parish
3	4	5	6 First Eucharist Practice in Church @ 7 PM—tbc	7	8	9 Sacrament—First Eucharist Academy
10	11	12 First Eucharist Practice in Church @ 6 PM & 7:15 PM— tbc	13 Ascension Vigil Mass	14 Ascension	15 MCFD Course- work to be completed for Grades 1, 3-7! - Deadline	16 Sacrament—First Eucharist Faith Formation
17	18	19	20	21	22	23
24 PENTECOST	25 MEMORIAL DAY SHCA closed	26	27	28	29	30
31						

June 2026 - Faith Formation Registration

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Gr/Level 7 Confirmation Interview week—appointments to be assigned	2 Gr/Level 7 Confirmation Interview week—appointments to be assigned	3 Gr/Level 7 Confirmation Interview week—appointments to be assigned	4 Gr/Level 7 Confirmation Interview week—appointments to be assigned	5 Gr/Level 7 Confirmation Interview week—appointments to be assigned	6
7 Corpus Christi	8	9	10	11	12	13
14	15	16	17	18	19 Juneteenth— SHCA closed	20
21	22	23	24	25	26	27
28	29	30				

Basic Catholic Prayers

The Hail Mary

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus.

Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

The Our Father

Our Father, Who art in heaven, Hallowed be Thy Name. Thy Kingdom come. Thy Will be done, on earth as it is in Heaven.



Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil. Amen.

Act of Contrition

O My God, I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against You and Your Church.

I firmly intend, with Your help, to do penance, to sin no more, and to avoid whatever leads me to sin.





The Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end.

Amen

Basic Catholic Prayers

The Apostles Creed

I believe in God, the Father almighty, Creator of heaven and earth, and in Jesus Christ, His only Son, our Lord, who was conceived by the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died and was buried;

He descended into hell; on the third day He rose again from the dead; He ascended into heaven, and is seated at the right hand of God the Father almighty; from there He will come to judge the living and the dead. I believe in the Holy Spirit, the holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.



The Hail Holy Queen

Hail, Holy Queen, Mother of Mercy, our life, our sweetness and our hope!
To thee do we cry, poor banished children of Eve. To thee do we send up our sighs, mourning and weeping in

this valley of tears.

Turn, then, O most gracious Advocate, thine eyes of mercy toward us, and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.



Lead: Pray for us, O holy Mother of God.

Response: That we may be made worthy of the promises of Christ.

AMEN

Sacred Heart Parish Mass and Devotions Schedule

SUNDAY MASSES

Saturday 5:00 P.M. Sunday 8:00, 9:30, 11:30 A.M.

WEEKDAY MASSES
Monday - Saturday 8:30 A.M.

Holy Days of Obligation 7:00 P.M. (Eve) & 8:30 A.M.

Confessions Saturday 3:30 P.M. to 4:30 P.M.

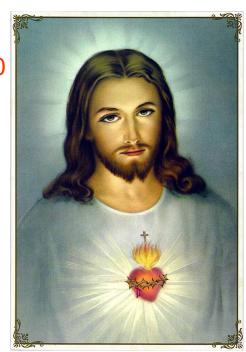
Devotions

Rosary and Chaplet of Divine Mercy Monday - Saturday at 8:00 A.M.

Miraculous Medal Novena & Veneration of the Relic of St. Catherine Laboure Mondays after 8:30 A.M. Mass

Exposition & Adoration of the Blessed Sacrament First Friday of the month in honor of The Sacred Heart of Jesus after the 8:30 A.M. Mass until 10:00 A.M.

Saturday following the First Friday of the month in honor of The Immaculate Heart of Mary 7:00A.M. to 8:00A.M.



Catholic Liturgical Calendar



Catholic Holy Days of Obligation

- January 1, the Solemnity of Mary, Mother of God
- Thursday of the Sixth Week of Easter, the Solemnity of the Ascension of Jesus into Heaven (moved to the following Sunday in certain dioceses)
- August 15, the Solemnity of the Assumption of the Blessd Virgin Mary into Heaven
- November 1, the Solemnity of All Saints
- December 8, the Solemnity of the Immaculate Conception
- December 25, Christmas, the Solemnity of the Nativity of Our Lord

Fixed Solemnities (Determined by Date)

- January 1: Solemnity of Mary, Mother of God
- January 6: Epiphany of the Lord (In the United States, Epiphany transfers to the Sunday after January 1)
- March 19: St. Joseph, Husband of Mary
- March 25: The Annunciation of the Blessed Virgin Mary
- June 24: Nativity of St. John the Baptist
- June 29: Sts. Peter & Paul
- August 15: Assumption of the Virgin Mary into Heaven
- November 1: All Saints Day
- December 9: Immaculate Conception of the Blessed Virgin Mary
- December 25: The Nativity of the Lord (Christmas)

Movable feasts are determined by their relationship to the date of Easter Sunday, which itself is calculated based on the lunar calendar and the spring equinox. Specifically, Easter is the first Sunday following the first full moon after the vernal (spring) equinox. This calculation, known as the computus, ensures that Easter is celebrated on a Sunday within a range of dates. Since the date of Easter varies each year, any feast that is linked to Easter, such as Ash Wednesday, Ascension, and Pentecost, also shifts with it.

- Easter Sunday
- Divine Mercy Sunday (2nd Sunday of Easter)
- Ascension of the Lord
- Pentecost
- Trinity Sunday
- Corpus Christi
- Sacred Heart of Jesus
- Christ the King

Catholic monthly devotions offer a way to deepen one's faith throughout the year by focusing on specific aspects of Catholic belief and practice each month.

Here's a look at each month's devotion:

January: The Holy Name of Jesus: This devotion focuses on the sacred name of Jesus and its power.

February: The Holy Family: This month honors the Holy Family of Jesus, Mary, and Joseph as an example of virtue for all Christian families.

March: St. Joseph: Devotion to St. Joseph, the earthly father of Jesus, emphasizes his role as a model of faith, humility, and obedience.

April: The Holy Eucharist: This month highlights the importance of the Eucharist as the true presence of Jesus Christ in the consecrated bread and wine.

May: The Blessed Virgin Mary: This month is dedicated to honoring Mary, the Mother of God, and celebrating her role in salvtion.

June: The Sacred Heart of Jesus: This devotion focuses on the love of Jesus Christ for humanity, symbolized by his Sacred Heart.

July: The Precious Blood of Jesus: This month emphasizes the sacrifice of Jesus Christ and the significance of his blood shed for the redemption of humanity.

August: The Immaculate Heart of Mary: This devotion honors Mary's sinless heart and her role as a model of purity and love.

September: Our Lady of Sorrows: This month commemorates the sorrows of Mary, particularly her suffering at the foot of the cross.

October: The Holy Rosary: This month encourages the praying of the Rosary, a traditional Catholic prayer involving meditation on the mysteries of the life of Jesus and Mary.

November: The Holy Souls in Purgatory: This month focuses on praying for the souls of the deceased who are believed to be in Purgatory, undergoing purification before entering Heaven

December: The Immaculate Conception: This month celebrates the belief that Mary was conceived without original sin, emphasizing her purity and role as the Mother of God.

